The most basic in-text citation will have the:
- Authors Last name
- Year Published
- Page number

The information can be split into two pairs of parentheses

- Ex. One tutor (Zapata, 1997) really enjoyed eating pizza in the woods near a really scary house (p. 7).

Displacement

Displacement is the process of shifting and redirecting a negative instinct, or “impulse” onto a less threatening target. Henry P. Laughlin (1970), the author of “The Ego and Its Defenses,” described displacement as “the basic and most prominent dynamism in the evolution of the phobic pattern of neurotic defense” (p. 86). Think of a stress ball. When someone becomes overwhelmed and everything around seems to be out of control, people tend to reach for stress balls or distractive gadgets to relieve them of what they feels. The item works as a tool for absorption; by picking it up and fiddling with it, the feeling, or the stress is displaced into it.

Two Authors
- Always include both authors. When using a signal phrase in the paragraph, use *and* but in your in-text citation, you will use the symbol “&”

- (Zapata & Nguyen, 1997, p. 23)
Three or More Authors

• In the first reference of a written work by three to five authors, name all contributors
  • Ex. (Zapata, Nguyen, and Shamisid-Deen)
  • In references after that, use the first author’s name followed by et al. Ex. (Zapata et al.)